



SHORE STUDENT SERVICES: COVID-RELATED PROTOCOLS – VERSION 3.8.22

Effective March 14, 2022

**Shore may change these protocols based on public health data, and/or city and state public health advisories.*

MASKS

Masks are **optional** for Shore Students, Staff, and Visitors in most Shore settings.

Masks are **strongly recommended** when:

- You are not vaccinated
- You are immunocompromised or have other high-risk health conditions
- You are a close contact of someone positive for COVID, have no symptoms, and are vaccinated.

Masks are **required** when inside of Shore buildings if:

- You test positive for COVID, have isolated for 5 days, and are returning. Masks must be worn for 5 additional days when you return to Shore.
- You are a close contact of someone positive for COVID and are not vaccinated (mask should be worn for 10-days).
- You have COVID symptoms (mask should be worn).
- Whenever you are in Nursing Offices. (It is a State requirement that masks are worn in health care settings, including school health and nursing offices.)

TESTING & QUARANTINING PROTOCOLS

You Test Positive for COVID

- Self-Isolate for a minimum of (5) days, then
- Return to school on Day 6 if:
 - You had no fever for 24 hours
 - Your symptoms have improved
 - You wear a mask for (5) additional days

You have Symptoms

- It is **optional** but **recommended** that you test. Shore will provide any student or staff with rapid, at-home tests to use if you have symptoms.
- If you test negative you can return or stay at school if:
 - You do not have a fever or have not had a fever for 24 hours
 - Your symptoms are mild or improved.
 - We strongly recommend that you wear a mask until all your symptoms are gone.
- If symptoms continue, you may re-test (1) or (2) days after your negative test (this is not required).
- If symptoms worsen, call your health care provider.

You are a Vaccinated, Asymptomatic Close Contact

- You may attend school/work at Shore and closely monitor for symptoms

You are an Unvaccinated, Asymptomatic Close Contact

- Quarantine for (5) days, then
 - Return to school on Day (6) if:
 - You have no symptoms
 - You wear a mask & actively monitor for symptoms for (5) additional days.
 - Testing is strongly recommended on Day 5 after exposure.
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COVID-19 Symptoms:

Fever (100° or higher), chills, shaking chills

Difficulty breathing or shortness of breath

New loss of taste or smell

Muscle aches or body aches

Cough (not due to other known causes, such as chronic cough)

Sore throat, *when in combination with other symptoms*

Nausea, vomiting, or diarrhea, *when in combination with other symptoms*

Headache, *when in combination with other symptoms*

Fatigue, *when in combination with other symptoms*

Nasal congestion or runny nose (not due to other known causes, such as allergies), *when in combination with other symptoms*

THERE IS NO NEED TO TEST IF YOU HAVE HAD COVID WITHIN THE LAST 90 DAYS (3 MONTHS)