



SHORE OWEN SCHOOL: COVID-RELATED PROTOCOLS (Effective MAY 31, 2022)

PROTOCOLS FOR SHORE STUDENTS

STUDENTS WHO TEST POSITIVE FOR COVID

- Must isolate at home for at least 5 days
- Students who **CAN** wear masks may return to school after Day (5) if:
 - ◇ Student is asymptomatic **OR** symptoms are improved and student is fever-free for (24) hours without the use of fever-reducing medications **AND**
 - ◇ Student wears a mask to school through Day (10).
- Students who **CANNOT** wear masks may return to school after Day (5) if:
 - ◇ Student is asymptomatic **OR** symptoms are improved and student is fever-free for (24) hours without the use of fever-reducing medications **AND**
 - ◇ Student tests negative on Day 5 or later.
 - ◇ Student can return to school on Day (11) if no testing is done.

STUDENTS WHO HAVE SYMPTOMS

- May be tested at school (with parental consent) and remain at school if test is negative and school health personnel determine that it is appropriate. If possible, student will be asked to wear a mask.
- May be sent home for the day and return to school when:
 - ◇ Student tests negative **OR**
 - ◇ Student is fever-free for (24) hours without the use of fever-reducing medications and symptoms are improved, or if a medical professional makes another diagnosis.
 - ◇ A negative test is strongly recommended before returning to school.

STUDENTS WHO HAVE HAD CLOSE CONTACT WITH SOMEONE WHO TESTED POSITIVE

- No longer need to quarantine at home. This is regardless of vaccination status.
- Can attend school as long as they have no symptoms.
- Are recommended to wear masks (but not required).
- Are recommended to test on Day (2) and Day (5) (but not required).

**Masks are not required at this time, but students who want to wear masks are welcome to do so and will be supported in making this choice.

* Testing can be done with rapid antigen at-home tests.

* Shore will provide students & staff with tests, for as long as we have a supply.

* Day 0 is the first day of symptoms, or the day you test positive, or the day you were exposed to a positive person.



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PROCOLOS PARA ESTUDIANTES DE LA TIERRA

ESTUDIANTES QUE DAN POSITIVO A COVID

- Debe aislarse en casa durante al menos 5 días.
- Los estudiantes que PUEDEN usar máscaras pueden regresar a la escuela después del Día (5) si:
 - El estudiante está asintomático O los síntomas han mejorado y el estudiante no tiene fiebre durante (24) horas sin el uso de medicamentos para reducir la fiebre Y
 - El estudiante usa una máscara para ir a la escuela hasta el día (10).
- Los estudiantes que NO PUEDEN usar máscaras pueden regresar a la escuela después del Día (5) si:
 - El estudiante está asintomático O los síntomas han mejorado y el estudiante no tiene fiebre durante (24) horas sin el uso de medicamentos para reducir la fiebre Y
 - El estudiante da negativo el día 5 o más tarde.
 - El estudiante puede regresar a la escuela el día (11) si no se realiza ninguna prueba.
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ESTUDIANTES QUE TIENEN SÍNTOMAS

- Puede hacerse la prueba en la escuela (con el consentimiento de los padres) y permanecer en la escuela si la prueba es negativa y el personal de salud de la escuela determina que es apropiado. Si es posible, se le pedirá al estudiante que use una máscara.
- Puede ser enviado a casa por el día y regresar a la escuela cuando:
 - El estudiante da negativo O
 - El estudiante no tiene fiebre durante (24) horas sin el uso de medicamentos para reducir la fiebre y los síntomas mejoran, o si un profesional médico hace otro diagnóstico.
 - Se recomienda enfáticamente una prueba negativa antes de regresar a la escuela.

ESTUDIANTES QUE HAN TENIDO CONTACTO CERCANO CON ALGUIEN QUE DIO POSITIVO

- Ya no es necesario hacer cuarentena en casa. Esto es independientemente del estado de vacunación.
- Pueden asistir a la escuela siempre y cuando no tengan síntomas.
- Se recomienda usar máscaras (pero no es obligatorio).
- Se recomienda realizar la prueba el día (2) y el día (5) (pero no es obligatorio).

**No se requieren máscaras en este momento, pero los estudiantes que quieran usar máscaras pueden hacerlo y recibirán apoyo para tomar esta decisión.

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PROTOCOLS FOR SHORE STAFF & VISITORS

Masks are ***strongly recommended*** when:

- You are not vaccinated
- You are immunocompromised or have other high-risk health conditions
- You are a close contact with someone positive for COVID, have no symptoms, and are vaccinated.

Masks are ***required*** inside Shore buildings if:

- You test positive for COVID, have isolated for 5 days, and are returning. Masks must be worn for 5 additional days when you return to Shore.
- You are a close contact with someone positive for COVID and are not vaccinated (mask should be worn for 10-days).
- You have COVID symptoms (mask should be worn).
- Whenever you are in Nursing Offices. (It is a state requirement that masks are worn in health care settings, including school health and nursing offices.)

TESTING & QUARANTINING PROTOCOLS

You Test Positive for COVID

- Self-Isolate for a minimum of (5) days, then
- Return to school on Day 6 if:
 - You had no fever for 24 hours and your symptoms have improved
 - You wear a mask for (5) additional days
 - You test negative (not required but recommended)

You have Symptoms

- It is ***optional*** but ***recommended*** that you test. Shore will provide staff with rapid, at-home tests to use if you have symptoms.
- If you test negative you can return or stay at school if:
 - You do not have a fever or have not had a fever for 24 hours
 - Your symptoms are mild or improved.
 - We strongly recommend that you wear a mask until all your symptoms are gone.
- If symptoms continue, you may re-test (1) or (2) days after your negative test (this is not required).

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- If symptoms worsen, call your health care provider.

You are a Vaccinated, Asymptomatic Close Contact

- You may attend school/work at Shore and closely monitor for symptoms

You are an Unvaccinated, Asymptomatic Close Contact

- Quarantine for (5) days, then
- Return to school on Day (6) if:
 - You have no symptoms
 - You wear a mask & actively monitor for symptoms for (5) additional days.
- Testing is strongly recommended on Day 5 after exposure.

COVID-19 Symptoms:

Fever (100° or higher), chills, shaking chills

Difficulty breathing or shortness of breath

New loss of taste or smell

Muscle aches or body aches

Cough (not due to other known causes, such as chronic cough)

Sore throat, *when in combination with other symptoms*

Nausea, vomiting, or diarrhea, *when in combination with other symptoms*

Headache, *when in combination with other symptoms*

Fatigue, *when in combination with other symptoms*

Nasal congestion or runny nose (not due to other known causes, such as allergies), *when in combination with other symptoms*

THERE IS NO NEED TO TEST IF YOU HAVE HAD COVID WITHIN THE LAST 90 DAYS (3 MONTHS)

* Testing can be done with rapid antigen at-home tests.

* Shore will provide students & staff with tests, for as long as we have a supply.

* Day 0 is the first day of symptoms, or the day you test positive, or the day you were exposed to a positive person.