

January 2, 2022

Dear Shore Families, Friends, Colleagues:

We are planning to open all Shore classrooms and programs tomorrow, Monday, January 3rd. We are optimistic that we can continue to get through the latest version of the coronavirus with the help and support of the entire Shore community. Here's what we all need to do for each other:

- All students, individuals and staff must wear masks at all times at Shore and on their vans to and from. We understand masks are contraindicated or are intolerable for some individuals, but all who can wear a mask should.
- There may be times throughout the next weeks when specific classrooms/groups at the Owen School and Chelsea, Peabody, and Woburn programs need to temporarily suspend services based on quarantine needs. We will notify you as soon as possible if this is the case, and re-open rooms as soon as we safely can.
- Please be vigilant about monitoring your children and adults for symptoms and keeping them home if they're symptomatic. Also, you'll need to pick up individuals who develop symptoms while at Shore, for the health and protection of others.

On the following page, you will find updated guidelines, consistent with the CDC, for actions you should take if you are positive for coronavirus, symptomatic, or exposed to someone with the virus.

## **SHORE UPDATED GUIDANCE FOR RESPONDING TO COVID**

### **SYMPTOMS, EXPOSURE, OR POSITIVE TEST RESULTS**

#### **IF YOU ARE FULLY VACCINATED** **AND/OR YOU HAVE HAD COVID-19 WITHIN 90 DAYS**

##### **You Test Positive for COVID-19**

- Stay home for 5 days & isolate
- Return to Shore on Day 6 if you have no symptoms or your symptoms are improving (& no fever within 24 hours).
- Continue to wear a mask whenever you're around others for 5 additional days.
- Students and adults who are unable to wear masks must quarantine for the entire **10 days**.

##### **You Were Exposed to Someone (a Close Contact) with COVID-19 (at Shore, in your household, etc)**

- No need to quarantine and stay home if you have no symptoms
- Test on Day 5 (after your last date of contact), if possible.
- If you develop symptoms, get a test and stay home. (See Below)

##### **You Have Symptoms**

- Stay home and get tested (PCR test or Rapid, Home test) -->
    - Return to Shore when you have tested negative & your symptoms are improving (& no fever within 24 hours)
  - If you do not get tested -->
    - Stay home for 5 days & return to Shore on Day 6 if your symptoms have improved.
    - Students and adults who are unable to wear masks and do not test, must quarantine for **10 days**.
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#### **IF YOU ARE NOT VACCINATED**

##### **You Test Positive for COVID-19**

- Stay home for 5 days & isolate
- If you have no symptoms or your symptoms are improving, you may return to Shore
- Continue to wear a mask whenever you're around others for 5 additional days
- Students and adults who are unable to wear masks must quarantine for the entire **10 days**.

##### **You Were Exposed to Someone (a Close Contact) with COVID-19 (at Shore, in your household, etc)**

- Stay home for 5 days (quarantine)
- Test on Day 6 (after your last close contact), if possible.
- Return to Shore on Day 6 & continue to wear a mask whenever you're around people.
- Students and adults who are unable to wear masks must quarantine for the entire **10 days**.

##### **You Have Symptoms**

- Stay home and get tested (PCR test or Rapid, Home test) -->
  - Return to Shore when you have tested negative & your symptoms are improving (no fever within 24 hours)
- If you do not get tested -->
  - Stay home for 5 days & return to Shore on Day 6 if your symptoms have improved.
  - Students and adults who are unable to wear masks and do not test, must quarantine for **10 days**.